

# *El Sarcoma y su Manejo Multidisciplinar*

*Dra. Ana Sebio*

*Universidad Europea de Madrid (UEM)*

Hospital Santa Creu i Sant Pau



**Universidad  
Europea**



*Máster en Tumores Musculoesqueléticos*

# GEIS Clinical Guidelines on STS (hace casi 20 años...)

As a minimum, the **reference centres** should have a team specialized in STS surgery, made up of the **different specialities necessary** for the management of these patients – **surgery, radiotherapy, histopathology, radiology and medical oncology, at least** – which should diagnose and treat a number of patients, between 15 and 20 patients a year, sufficient to gain adequate experience.

To improve this situation, only those patients with a superficial tumour with a size of less than 3 cms should be treated in a secondary centre, aiming to obtain negative margins of greater than 1 cm in the resection, and subsequently referring the patient to an RC for assessment of complimentary treatment. All other patients should be referred directly. Mechanisms need to be brought into effect which will ensure compliance with these criteria.

Bayona, 2004. 2<sup>nd</sup> GEIS international annual meeting.

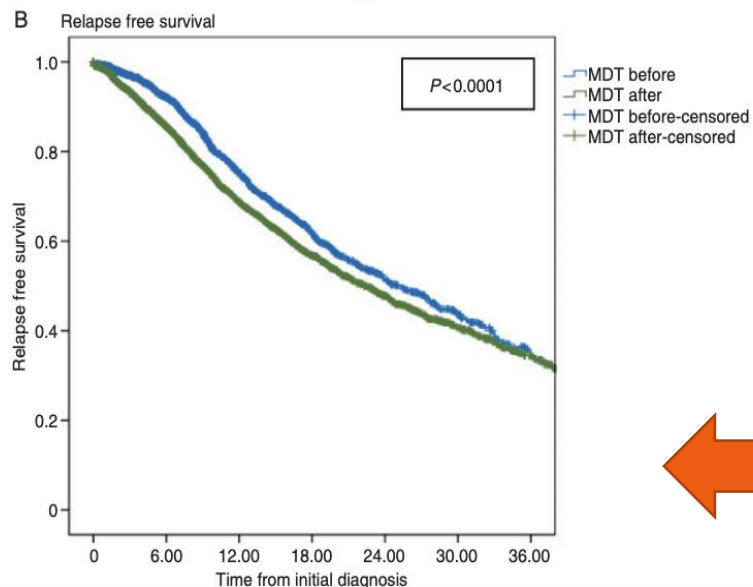
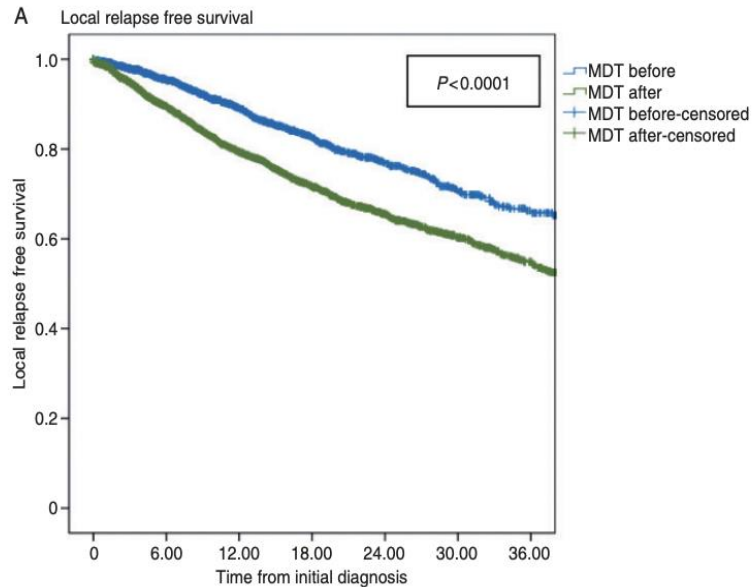
*Máster en Tumores Musculoesqueléticos*

# El manejo multidisciplinario mejora el pronóstico de nuestros pacientes



Annals of Oncology

Original article



Annals of Oncology 28: 2852–2859, 2017  
doi:10.1093/annonc/mdx484  
Published online 28 August 2017

## ORIGINAL ARTICLE

### Improved survival using specialized multidisciplinary board in sarcoma patients

J.-Y. Blay<sup>1,2\*</sup>, P. Soibinet<sup>3</sup>, N. Penel<sup>4</sup>, E. Bompas<sup>5</sup>, F. Duffaud<sup>6</sup>, E. Stoeckle<sup>7</sup>, O. Mir<sup>8</sup>, J. Adam<sup>8</sup>, C. Chevreau<sup>9</sup>, S. Bonvalot<sup>8,10</sup>, M. Rios<sup>11</sup>, P. Kerbrat<sup>12</sup>, D. Cupissol<sup>13</sup>, P. Anract<sup>14</sup>, F. Gouin<sup>15</sup>, J.-E. Kurtz<sup>16</sup>, C. Lebbe<sup>17</sup>, N. Isambert<sup>18</sup>, F. Bertucci<sup>19</sup>, M. Toumonde<sup>7</sup>, A. Thyss<sup>20</sup>, S. Piperno-Neumann<sup>10</sup>, P. Dubray-Longeras<sup>21</sup>, P. Meeus<sup>1,2</sup>, F. Ducimetière<sup>1,2</sup>, A. Giraud<sup>7</sup>, J.-M. Coindre<sup>7</sup>, I. Ray-Coquard<sup>1,2</sup>, A. Italiano<sup>7†</sup> & A. Le Cesne<sup>8†</sup>, on behalf of the NETSARC/RREPS and French Sarcoma Group–Groupe d'Etude des Tumeurs Osseuses (GSF-GETO) networks<sup>‡</sup>

N >12500 pacientes, 57% discutidos en comité

Mayor cumplimiento guías y protocolos  
Equipo más especializado





**Heterogeneidad**





# ¿Porqué necesitamos una valoración multidisciplinar?

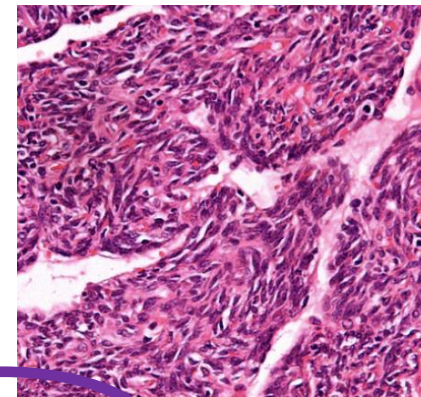


Paciente de 52 años con tumoración pie → **traumatólogo**

Ecografía, Resonancia magnética

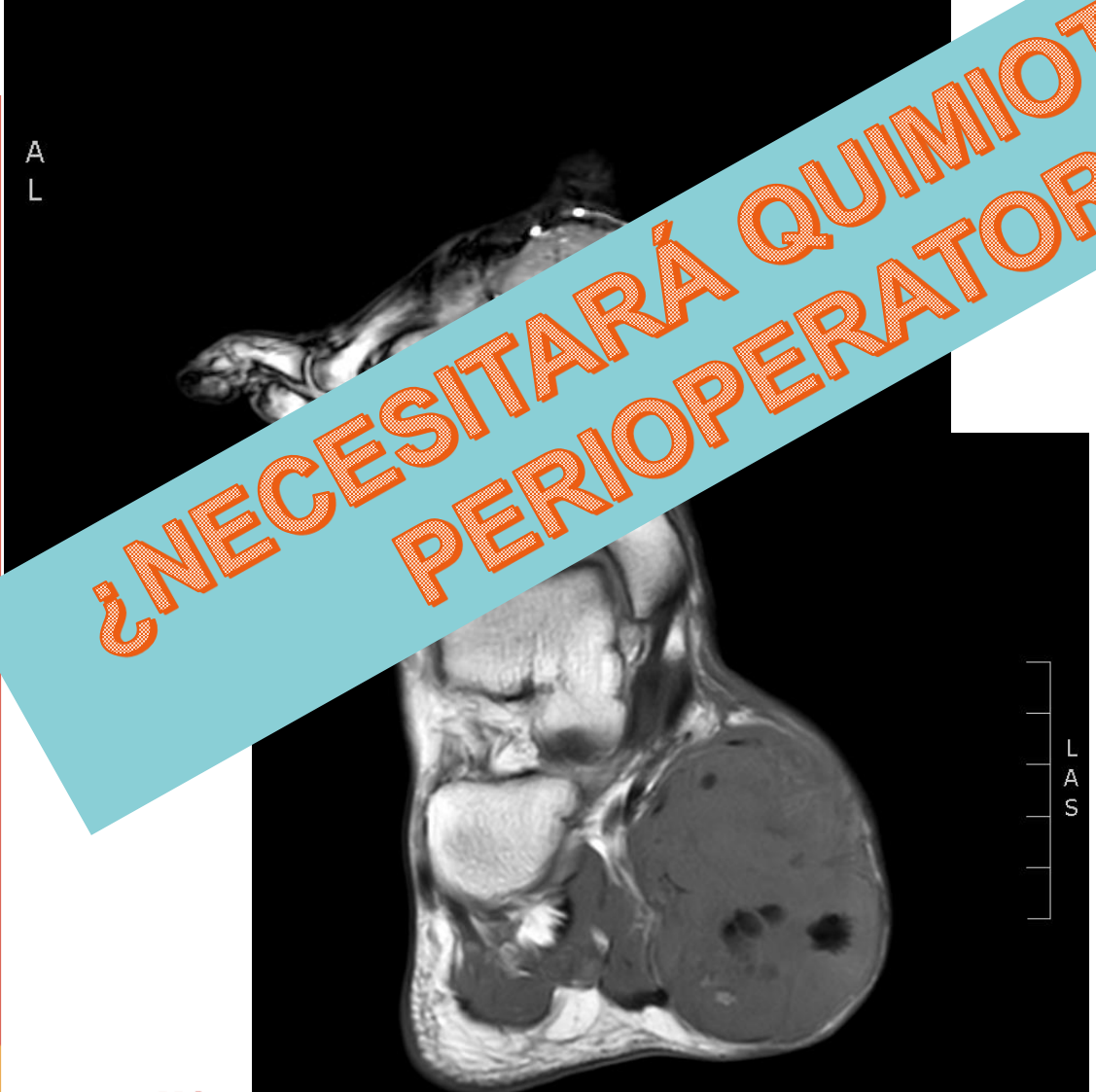
**Radiólogo: sugestivo de malignidad**

**BIOPSIA**



**Patólogo: SARCOMA SINOVIAL**

Paciente de 52 años con sarcoma sinovial pie

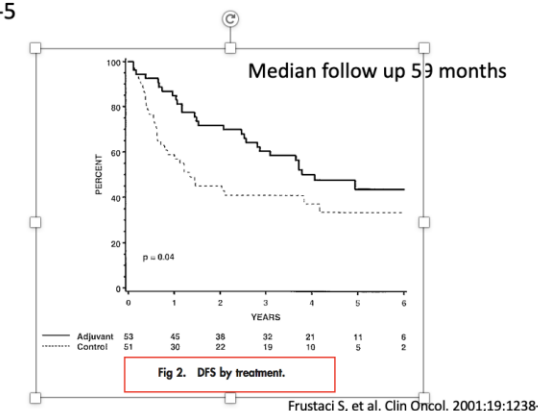
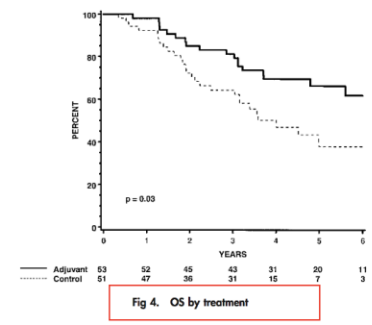


¿NECESITARÁ QUIMIOTERAPIA PERIOPERATORIA?

**Prognostic Factors for Adult Soft Tissue Sarcomas of the Limbs and Girdles: Results of the Italian Randomized Cooperative Trial**

Frustaci, Franco Gherlinzoni, Antonino De Paoli, Marco Bonetti, Alberto Azzarelli, Alessandro Comandone, Maurizio Virizola, Miriam Virizola Olmi, Angela Buonadonna, Giovanni Pignatti, Enza Barbieri, Gaetano Apice, Hassan Zmerly, Diego Serraino, and Piero Picci

- N= 104
- All extremities and girdle
- High grade
- Epirubicine 60 mg/m2 d1-2+ Ifosfamide 1.8 gr/m2 d1-5
- All patients pre or post RT

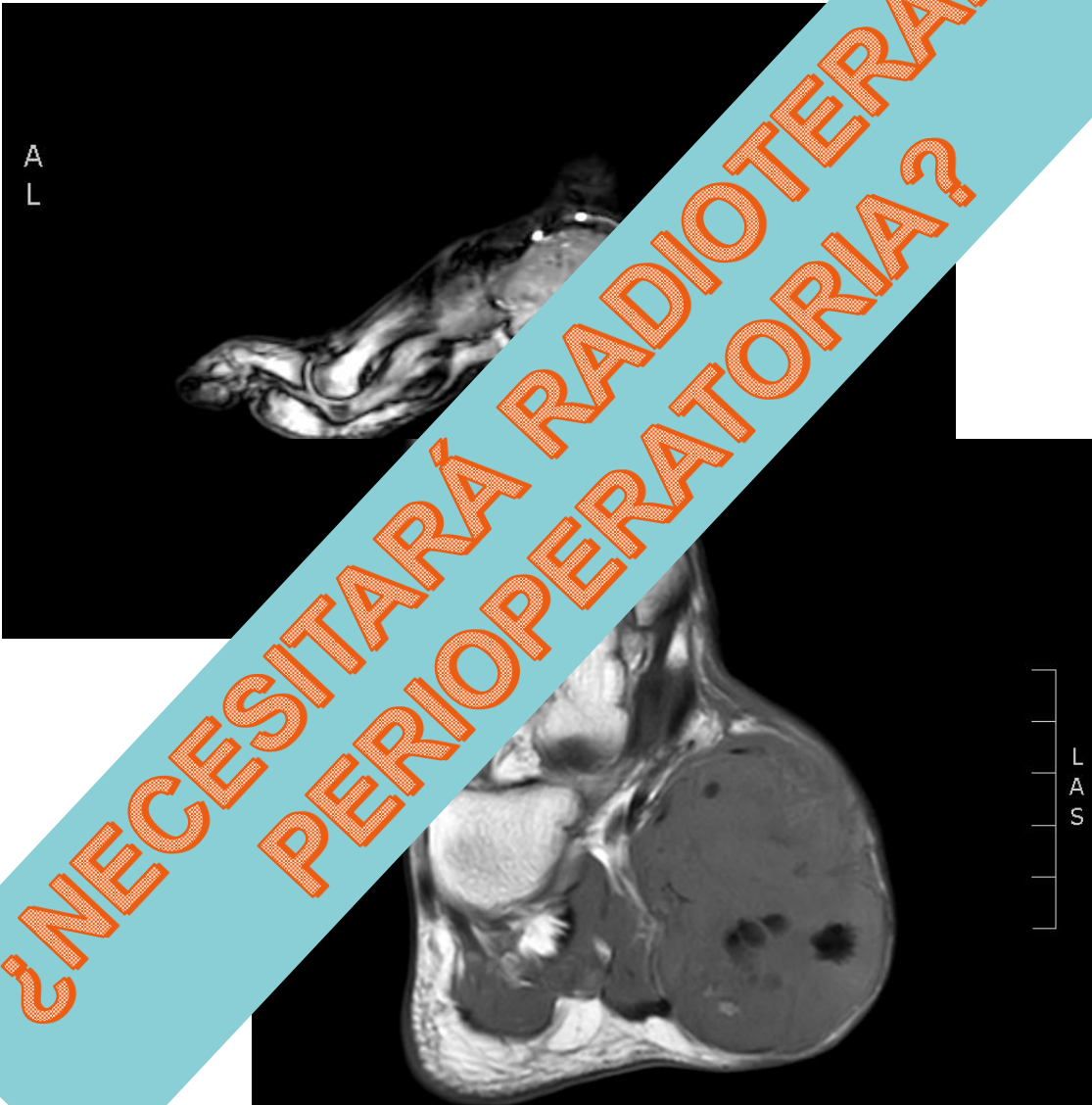


Frustaci S, et al. Clin Oncol. 2001;19:1238-4

**PACIENTE DE ALTO RIESGO:**

- ALTO GRADO
- > 5 CM
- LOCALIZACIÓN PROFUNDA

**MEJOR QUIMIOTERAPIA PREOP O POSTOP?**



## NEO/ADJUVANT RADIOTHERAPY

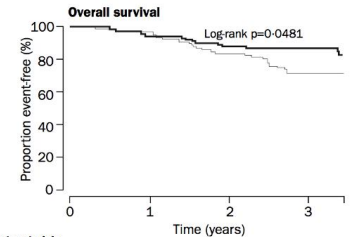
### Preoperative versus postoperative radiotherapy in soft-tissue sarcoma of the limbs: a randomised trial

Brian O'Sullivan, Aileen M Davis, Robert Turcotte, Robert Bell, Charles Catton, Pierre Chabot, Jay Wunder, Rita Kandel, Karen Goddard, Anna Sadura, Joseph Pater, Benny Zee

N= 190 STS of the extremities  
83% intermediate or high grade

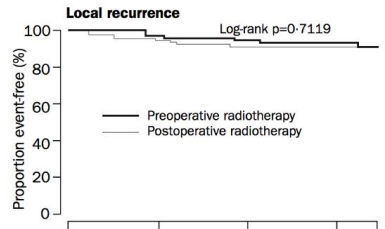
	Preoperative (n=88)	Postoperative (n=94)
<b>Wound complications*</b>		
Yes	31 (35%)	16 (17%)
Secondary operation for wound repair	14 (45%)	5 (31%)
Invasive procedure for wound management†	5 (16%)	4 (25%)
Deep wound packing deep to dermis in area of wound at least 2 cm with or without prolonged dressings >6 weeks from wound breakdown‡	11 (35%)	7 (44%)
Readmission for wound care§	1 (3%)	0
No complications	57 (65%)	78 (83%)

\*p=0.01 for yes vs no. †Without secondary operation. ‡Without secondary operation or invasive procedure. §Without secondary operation, invasive procedure, deep wound packing, or prolonged dressing.



Patients at risk

	0	1	2	3
Preoperative radiotherapy	92	87	81	51
Postoperative radiotherapy	94	90	74	48



Patients at risk

	0	1	2	3
Preoperative radiotherapy	92	86	78	49
Postoperative radiotherapy	94	86	70	45

### PACIENTE DE ALTO RIESGO:

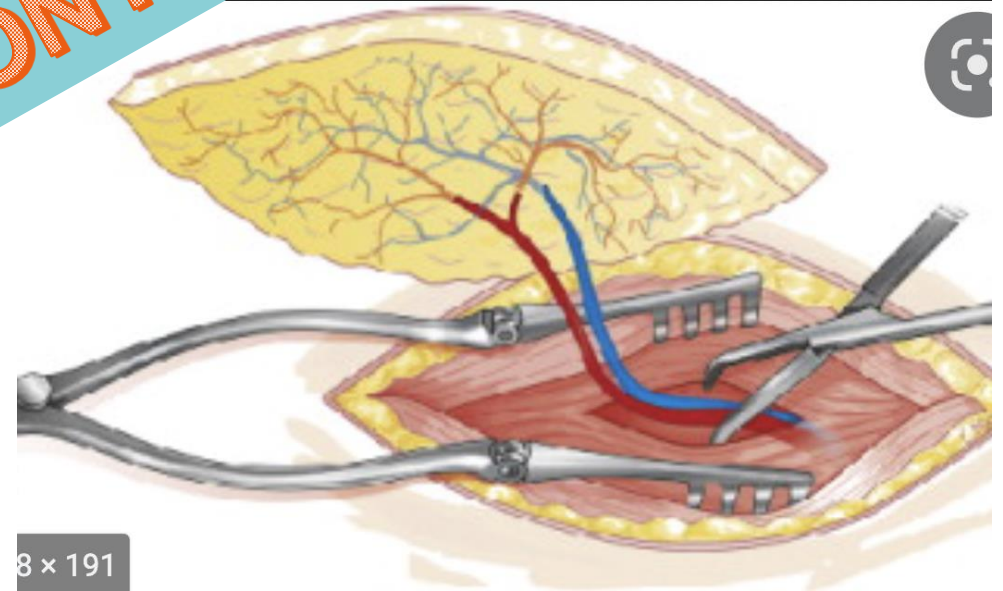
- ALTO GRADO
- > 5 CM
- LOCALIZACIÓN PROFUNDA

A  
L

TRAS LA RESECCIÓN, ¿COMO  
SERÁ LA RECONSTRUCCIÓN?



L  
A  
S

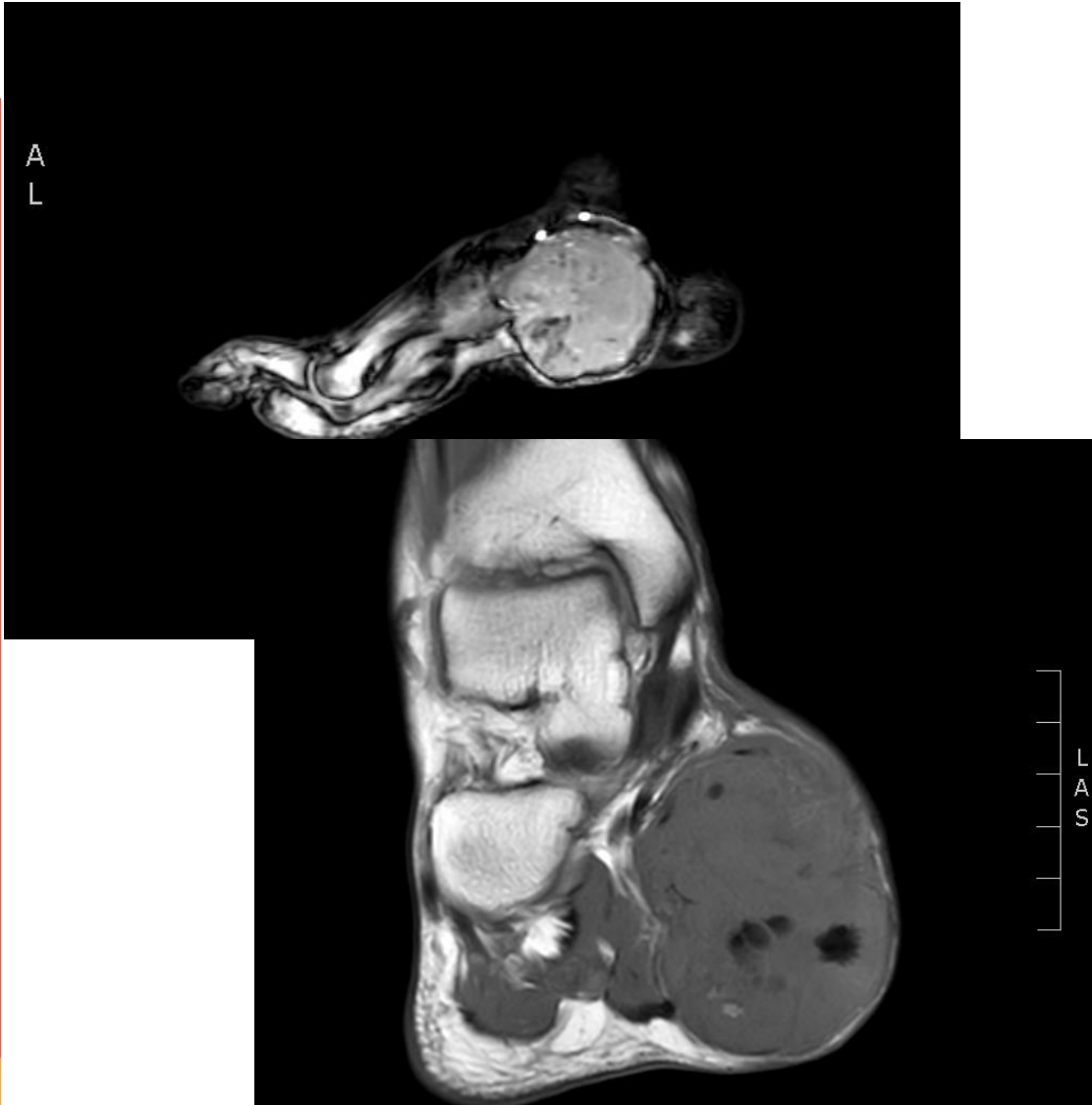


Resección tumoral y cobertura con colgajo libre microquirurgico de perforantes tipo ALTF con anastomosis arterial en bypass entre tibial posterior y a. plantar medial y doble anastomosis venosa a con comitantes de tronco tibial posterior.

¿TENDREMOS COMPLICACIONES CON LA RT PRE, POST?



Paciente de 52 años con sarcoma sinovial pie



- **Rehabilitadora**
- **Psicóloga**
- **Asistente social**
- **Curas paliativas**
- **Farmacia**

# VALORACION PRESENCIAL MULTIDISCIPLINAR: LA UNIDAD FUNCIONAL



